

Tea / Coffee after Mass. Please stay.  
11.00am Friends of St. Mary's Committee meeting

9<sup>th</sup> March 2025

**PARISH CHURCH OF ST.MARY THE VIRGIN MENDLESHAM**

**LENT 1 of Year C**

This week - Divine office - Psalter Week 1

Mon **1.30am-2.25** Exposition of Blessed Sacrament  
**2.30am** Mass, Laying on of Hands Anointing for Healing. Int The sick

Tues **9.30am** Mass Int: For the dead, March requiem  
**7.30pm** Mission and Pastoral Committee - Stowupland

Wed **9.30am** Mass. Int: Repentance, Reconciliation & Renewal

Thurs **8.00am** Mass Int: Renewal of Our Prayer Life

Fri **9.30am** Mass (Int: For those who find it hard to forgive)

Sat **10.00am** 1st Mass of Sunday - Int: For Pilgrims  
**4.00pm** Sacrament of Reconciliation

**Next Sunday - LENT II**

9.30 Parish Mass and Address

NOTICES

1. Lent Savings for Kagera - Details on Table in church
2. Electoral Roll - begins on 16<sup>th</sup> March and closes 29<sup>th</sup> March. Please obtain forms from Anne, our Electoral Roll Officer and return in good time.
3. Please support our Healing Service tomorrow.

**THEME:** As we start our Lenten journey to Easter, may we see it is a time of prayer reflecting on all God has done for us, especially through the death and resurrection of Jesus. It is also a time of penance when we try to turn away from the roots of our sinfulness and grow in the life of love.

**Entrance Hymn: 577 v 1 & 2**

**PENITENTIAL RITE**

**Celebrant:** Forgive us, Lord, when we do not show great love or turn a deaf ear to the person in need; when we are miserly with our giving and think too much about building our own wealth; when we count the cost of our love; when we give but expect much in return. Lord have mercy.

**People:** (sing) **KYRIE ELEISON** (Ukrainian setting)

**Celebrant:** Forgive us, Lord, when we are jealous of our time; when we honour people for success and riches and fail to accept all people as children of God. Christ have mercy.

**People: CHRISTE ELEISON**

**Celebrant:** Forgive us, Lord, when we compromise with evil, when our trust in you fails and when we use dubious means to achieve our good intentions. Lord have mercy.

**People: KYRIE ELEISON** (No Gloria during Lent)

**OPENING PRAYER:** *Let us pray that this Lent will help us reproduce in our lives the self-sacrificing love of Christ.* Father, through our observance of Lent, help us to understand the meaning of your Son's death and resurrection, and teach us to reflect it in our lives.

**LITURGY OF THE WORD**

First Reading - Deuteronomy 26 v 4-10 In this reading, Moses reminds the people that every good thing that they have, is the work of God.

**Moses spoke to the people:** 'The priest shall take the basket from your hand and set it down before the altar of the LORD your God. And you shall make response before the LORD your God, "A wandering Aramean was my father. And he went down into Egypt and sojourned there, few in number, and there he became a nation, great, mighty, and populous. And the Egyptians treated us harshly and humiliated us and laid on us hard labour. Then we cried to the LORD, the God of our fathers, and the LORD heard our voice and saw our affliction, our toil, and our oppression. And the LORD brought us out of Egypt with a mighty hand and an outstretched arm, with great deeds of terror, with signs and wonders. And he brought us into this place and gave us this land, a land flowing with milk and honey. And behold, now I bring the first of the fruit of the ground, which you, O LORD, have given me." And you shall set it down before the LORD your God and worship before the LORD your God.'

Responsorial Psalm - Psalm 90 @ **Be with me, O Lord, in my distress.**

He who dwells in the shelter of the Most High, and abides in the shade of the Almighty, says to the LORD, 'My refuge, my stronghold, my God in whom I trust!'

Upon you no evil shall fall, no plague approach your tent.

For you has he commanded his angels to keep you in all your ways. ®

They shall bear you upon their hands, lest you strike your foot against a stone.  
On the lion and the viper you will tread, and trample the young lion and the serpent.

® **Be with me O Lord, in my distress**

Since he clings to me in love, I will free him, protect him, for he knows my name.  
When he calls on me, I will answer him; I will be with him in distress;  
I will deliver him, and give him glory. ®

Second Reading - Romans 10 v 8-13 The content of our faith is the fact that Jesus is Lord in virtue of His resurrection from the dead.

**Brothers and Sisters: What does Scripture say? 'The word is near you, in your mouth and in your heart' (that is, the word of faith that we proclaim); because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. For the Scripture says, 'Everyone who believes in him will not be put to shame.' For there is no distinction between Jew and Greek; for the same Lord is Lord of all, bestowing his riches on all who call on him. For, 'everyone who calls on the name of the Lord will be saved.'**

**Gospel Hymn: 577 v 3**

**Glory and praise to you, O Christ. One does not live by bread alone, but by every word that comes forth from the mouth of God. Glory and praise to you, O Christ.**

Gospel - Luke 4 v 1-13 Jesus faces very testing trials before his ministry of healing the broken-hearted. He has experienced our weakness and so is able to sympathise with our poor state of life.

**At that time: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness for forty days, being tempted by the devil. And he ate nothing during those days. And when they were over, he was hungry.**

The devil said to him, 'If you are the Son of God, command this stone to become bread.' And Jesus answered him, 'It is written, "Man shall not live by bread alone."'

And the devil took him up and showed him all the kingdoms of the world in a moment of time, and said to him, 'To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it will all be yours.' And Jesus answered him, 'It is written, "You shall worship the Lord your God, and him only shall you serve."'

And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to guard you", and "On their hands they will bear you up, lest you strike your foot against a stone."' And Jesus answered him, 'It is said, "You shall not put the Lord your God to the test."'

And when the devil had ended every temptation, he departed from him until an opportune time.

**Address Creed:** Nicene (P.7 of Hymn book)

PRAYER OF THE FAITHFUL

**Celebrant:** As we enter the season of Lent and make a special effort to grow in our friendship with God through prayer, fasting and self-denial, we ask for the necessary help in our Christian struggle.

**Reader:** Let us pray that we may turn away from the desire for more material things which swallow up all thought of spiritual things and of God.

Let us pray that we may not crave after popularity. May this time of Lent be a time of renewal and may our prayer and self-denial bear fruit in a greater freedom to serve God and our neighbour.

Let us pray for those who lack what is necessary in life - the poor, the sick, the lonely and refugees: may this time of Lent spur us on to take effective steps to help them.

Let us pray for all who are undergoing grievous temptations - may we all know that we are never alone, and that when we call on Jesus, He will lift us up in our hour of need.

Let us pray for those throughout the world who have no knowledge of Christ, that they may hear the good news of the Gospel. We pray for the diocese in Kagera that we are supporting this Lent.

We pray for peace in the world and especially for the people of Ukraine and Gaza. May we be inspired to reach out to them in the most helpful way.

Let us pray for the healing of the sick, especially John Allen, Paul Price, Wendy Derrick, Anna Horsnell, Clive Cook, Lynne Aldous, Marjorie and Marcel Rousseau, all injured in world conflicts and all to be anointed at tomorrow's healing service.

Let the dead rise in your glory, let them rejoice for ever in your love: especially William Carter, Audrey Handscombe, Michael Denny, Robert Mutimer, Pip Godfree, Fr Donald Rae, Beatrice Goodwin, Peter Warren, Malcolm Finbow, Lilian Freeman, Peggy Giraud-Saunders and Ethel Kent, whose anniversaries fall this week.

Let us ask Mary, the woman of faith, to pray for us. **Hail Mary full of grace the Lord is with Thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the time of our death. Amen.**

SILENCE

**All Father strengthen us when we are in any sort of temptation, and let us grow more like Jesus your Son. Amen**

*Mass continues on page 9 of the hymn book.*

Offertory Hymn: **262 v 1 & 2**                      **Offertory Prayers**                      Hymn **262 v 3-end**  
**Mystery of faith: Lord, by your Cross and Resurrection you have set us free; you are the Saviour of the World.**

Sanctus - Penitential Setting (*John Allen*)

**Blessed and Praised be Jesus Christ, in the most Holy sacrament.  
Hosanna! Hosanna! Hosanna in excelsis**

Agnes Dei - Penitential setting

*Communicants of other Christian denominations are welcome to receive Holy Communion. If you are not a Communicant and/or would like a blessing, please come to the altar holding a hymn book.*

Hymn at Holy Communion: Be still, for the presence of the Lord & **444** - Please join in

Hymn at Ablutions - **80**

**Post-Communion Prayer**

Angelus

Notices

**Blessing**

Recessional Hymn:**165**