

Coffee/tea in Church after Mass. Please stay. We do not take collections here but it costs a great deal to run this church. Please put an offering in the red tin in a pink envelope and if you pay tax please Gift Aid your donation. Thank you.

**PARISH CHURCH OF ST. MARY THE VIRGIN, MENDLESHAM**  
**19<sup>th</sup> of Year B**

**This week – Divine Office – Psalter Week 3**

- Mon: St. Teresa Benedicta of the Cross (Edith Stein)**  
9.30am Mass Int: People of Europe  
(Hosea 2 v 16-17,21-22; Matt 25 v 1-13.)
- Tues: St. Laurence, Deacon & Martyr**  
9.30am Mass Int: Persecuted Christians  
(2 Cor 9 v 6-10; John 12 v 24-26)
- Wed: St. Clare**  
8.00am Mass. Int: Forgiveness & Reconciliation  
(Deut 34 v 1-12; Matt 18 v15-20)
- Thurs:** 9.30am Mass Int: The dead - Aug Anniversaries  
4.00pm Sacrament of Reconciliation.
- Fri:** 9.30am & 3.00pm Sacrament of Reconciliation.  
7.00pm Sung Mass of Vigil of Assumption, Procession of Our Lady & Benediction. (Bishop of Richborough) Int: Society of Mary  
(1 Chron 15 v 3-4,15-16, 16v1-2; 1 Cor 15v54-57; Luke 11v27-28)  
Barbeque and fireworks after.
- Sat:** 10.00am First Mass of Sunday. Int: Friends of St. Mary's.
- Next Sunday** **ASSUMPTION OF OUR LADY**  
9.30am Parish Mass and Address.  
(Rev 11 v 19, 12v1-6, 10; 1 Cor 15 v20-26; Luke 1 v39-56)

**NOTICES:**

1. Please order beer as soon as possible.
2. On 21st August from 2.00 - 5.00 Cream Teas in Church
3. Extra times for Sacrament of Reconciliation before the Patronal.
4. Help needed before (on Thursday afternoon), during and after the festival. Please sign list in church and see Anne

**Please keep silence from 09.25am to prepare for Mass.**

**THEME:** Just as Elijah needed the help of God in order to persevere on his journey, so too we need God's presence. This is not something we claim for ourselves; we are drawn to Christ at this Eucharist only because the Father calls us. At this Mass we receive food for our own journey of life.

**Entrance Hymn: 312 v. 1 – 3.**

**PENITENTIAL RITE:**

Celebrant: Forgive us when things seem to go wrong and we give up hope.  
Lord have mercy.

**PEOPLE: LORD HAVE MERCY.**

Celebrant: Forgive us for our lack of trust in other people. Christ have mercy.

**PEOPLE: CHRIST HAVE MERCY.**

Celebrant: Forgive us for the times we are unaware of your presence in us, in your Word and Sacrament. Lord have mercy.

**PEOPLE: LORD HAVE MERCY.**

**Sanctus Gloria.** (Words on laminated sheet.)

**OPENING PRAYER:** *Let us pray in the Spirit that we may grow in the love of God.* Almighty and ever-living God, your Spirit made us your children, confident to call you Father. Increase your Spirit within us and bring us to our promised inheritance.

**LITURGY OF THE WORD OF GOD**

**First Reading – I Kings 19 v. 4-8:** The prophet Elijah flees from the wrath of Queen Jezebel. After 40 days in the wilderness he is depressed and prays to die. "Take my life" is a cry we all echo at times in our lives. But he is strengthened by God to continue his work.

*Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.*

**Responsorial Psalm: Psalm 33**

**®Taste and see that the Lord is good**

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad.

®

## Ⓜ Taste and see that the Lord is good

Glorify the Lord with me. Look towards him and be radiant;  
Together let us praise his name. let your face not be abashed.  
I sought the Lord and he answered me; This poor man called; the Lord heard him  
from all my terrors he set me free. Ⓜ and rescued him from all his distress. Ⓜ

The angel of the Lord is encamped  
around those who revere him, to rescue them.  
Taste and see that the Lord is good.  
He is happy who seeks refuge in him. Ⓜ

**Second Reading – Ephesians 4 v. 30 – 5 v. 2:** Trying to imitate God has very practical consequences in our day-to-day relations with one another, free from our common grudge-bearing to our lack of forgiveness. The norm for all Christian action is to love as Christ loved.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

**Gospel Hymn: 312 v. 4 & 5.**

**Gospel Acclamation:** (all)

**Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!**

**Gospel – John 6 v. 41-51:** Jesus is the living bread.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life.

'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

**Address HOLY BAPTISM: ERIN AVA LOMAX**

### PRAYER OF THE FAITHFUL

**Celebrant:** We pray to the Father who draws us to Christ, the Father from whom all blessings and goodness flow. We approach him in confidence to express the needs of the Church and the world.

**Reader:** Let us pray for those who like Elijah are going through a difficult time; that the Lord will support them and help them to carry on.

Help us to imitate God more closely so that we will become a more kind and forgiving society.

Let us pray for those areas of our world that are ravaged by war. May they find the path to reconciliation and lasting peace.

Let us pray for those angels of mercy who help and care for us when we are in distress; that we may care for others in their need.

May all people come to believe in Jesus as the bread of life which has come down from Heaven.

Let us pray for Erin. May the reception of Baptism strengthen her in her Christian faith. We pray for her parents Abigail and Joel and godparents Jessie, Tom & Laura.

We pray for Rhianne and Thomas, married yesterday at Bury St Edmunds.

Let us pray for the healing of the sick – especially Jimmy Pipe; Doug Hales; Julie Gray & Lucy Muskett.

Bring the dead into your light: comfort them with your presence: Elizabeth Jespersion; Gladys Bartrum; Hilda Farrow; John Walker; Brenda Welsh; Frank Burch, John Downes, Jillian Shadbolt, John French, George Finbow, Owen Lambert and Russell Brundish, whose anniversaries of death occur at this time.

Mary praised God for filling the hungry with good things. May she pray with us for all who hunger for bread, for love, for justice, for God. **Hail Mary full of grace the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.**

### SILENCE

**ALL: Lord, you are the supporter of the weak, the protector of the helpless. As Jesus broke bread for the hungry teach us to share our food and our love with our brothers and sisters.**

**Offertory Hymn: 166 v. 1 & 2.**

**Offertory Prayers: v. 3 & 4.**

**Sanctus: Sanctus setting**

**Blessed and praised be Jesus Christ in the most Holy Sacrament. Hosanna! Hosanna! Hosanna in Excelsis.**

**Lord's Prayer...** (page 11.)

**Agnus Dei: Sanctus setting**

**Hymns at Holy Communion: 145 and 257.** Please join in.

**Hymn at Ablutions: 169.**

Post Communion Prayer and Angelus in front of Hymn Book.

**Recessional Hymn: 311.**