

THEME. Christ wants us to be child-like in our trust and to take up our burden, knowing that he is there to help us carry it. One of the burdens the Lord relieves us of is the burden of sin

PENITENTIAL RITE

- Forgive us, Lord, for not recognising you as one who is kind and full of compassion. Lord have mercy. **Lord have mercy.**
- Forgive us, Lord, for not coming to you as the one who is gentle and humble in heart. Christ have mercy. **Christ have mercy.**
- Forgive us Lord, when we have been unkind in word and action. Lord have mercy. **Lord have mercy.**

GLORIA

OPENING PRAYER - *Let us pray for forgiveness through the grace of Jesus Christ.* Father, through the obedience of Jesus, your servant and your son, you raised a fallen world. Free us from sin and bring us the joy that lasts for ever. Amen.

LITURGY OF THE WORD OF GOD

First Reading – Zechariah 9 v 9-10 The Israelites are promised that God's victory will come to them, but not through warfare and might.

'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey.

He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

Responsorial Psalm - Psalm 144 **® I will bless your name for ever, O God my King.**

**I will give you glory O God my King, I will bless your name for ever.
I will bless you day after day and praise your name for ever. ®**

**The Lord is kind and full of compassion, slow to anger, abounding in love.
How good is the Lord to all, compassionate to all his creatures. ®**

**All your creatures shall thank you, O Lord,
and your friends shall repeat your blessing.**

They shall speak of the glory of your reign and declare your might, O God.®

The Lord is faithful in all his words and loving in all his deeds.

The Lord supports all who fall and raises all who are bowed down. ®

Second Reading - Romans 8 v 9, 11-13 St Paul tells us all that the spirit of God gives life to the whole man, body and soul. The spirit should influence our lives completely.

'Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.'

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

Gospel - Matthew 11 v 25-30 Christ calls all those who labour and are overburdened to himself, and promises them rest.

'Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

CREED: Nicene Creed

PRAYER OF THE FAITHFUL

Celebrant: The Father makes known the secrets of His Kingdom to those who are gentle and lowly in heart. Let us pray that all God's people may welcome with humility the good news of the Kingdom.

Reader: Let us pray that God's people may learn to seek the Kingdom proclaimed by God's Son, allow the spirit of God to influence all that we do and say and cultivate the virtues of gentleness and humility.

We pray that the church may learn to read the signs of the times and work for a more just and peaceful world, with faith and perseverance to carry on this work from day to day.

Let us pray for the leaders of our nations; that they will give their peoples reason to rejoice by proclaiming peace and abandoning the instruments of war.

Let us pray for those who are homeless, for exiles and for refugees; may we give each person we meet some small sign of recognition and hospitality and remember we are equal in the sight of God.

We pray for all who are distressed by troubles and anxieties: that they may find peace of mind.

Let us pray the bereaved, especially Tina Pipe and her family. May God turn their darkness into light.

Let us pray for the increase of vocations to the ministry. May more young people respond to the Lord's calling to follow him.

We pray for those who are sick or housebound. For all around the world still suffering from the Covid-19 pandemic and for those who nurse and care for them. We pray especially for all prayed for in shrine prayers and Nichola Berry, Ken Davis, Maria Everett, Michael Denny, Janice Ross, Billy Carter, Jessica Mercer, Joan Hill, Ralph Lambert, Keith Forsdyke, Mick Pugh and Jean Tierney.

We pray for those who have died in Christ; may they find in Him rest for their souls – For Russell Pipe buried last Friday (pause while a candle is lit); and for Mildred Moore, Phyllis Jackaman, Len Lowlett, Dorothy Sykes, Kathleen Pollard, Robert Molyneaux, Fr Basil McAllister, Milly Driver, Ian Scott, Charles Cutting, Teresa Horwill, Ethel Williams, Ruby Robinson, Dorothy Euston, William Wood, Colwyn Studden, Laura Baker, Ernest Barker and Reginald Hutchinson, whose anniversaries of death occur this week.

May Mary, the lowly handmaid of the Lord, join her prayers to ours - **Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen**

S I L E N C E

All: Father, Lord of heaven and earth, you have revealed your truth to mere children and hidden it from the learned. Keep us humble in heart that we may always hear you when you call and praise you day after day. We ask this through Christ our Lord. Amen

ACT OF SPIRITUAL HOLY COMMUNION For those unable to receive the Sacrament

Dear Lord, since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. Let nothing ever separate me from you.

ANGELUS

BLESSING ✠

Fr Philip Writes: Thought for this week

“God dwells wherever we let him in.”

Church open for worship

- Daily Mass resumes this week but it is vital that everyone follows social distancing and hygiene requirements. 2 metres (6'6") is still the recommended distance, with '1 metre+' only where that is impossible. The church remains open for prayer from 11.00 to 4.00 pm
- Hand sanitiser stations are each side of the porch, in the chancel and near the toilet.
- Please touch as few surfaces as possible with your hands.
- Only 1 person/household in porch at a time & follow the one-way signs in church.
- On Sunday one of the churchwardens will direct you to a place. Pews are marked by round white stickers alternately placed at opposite ends. Please sit where asked, though you may indicate a preference if it is available when you arrive. Only those in the same household may sit together.
- Please print out & bring this bulletin or view on your (silenced) phone or ipad.
- There will be no singing, offertory procession, physical sign of peace or coffee afterwards. Those wishing to receive Holy Communion: please wait until directed by a churchwarden, follow the direction signs and keep your distance.
- I, alone, will receive from the chalice, then will stand in front of the altar rails to administer the sacred host (consecrated bread) to other communicants. Please sanitise your hands before receiving this- standing - and return the opposite side.
- If you need to use the toilet, please flush with seat closed and clean the toilet, handle, basin and door handles thoroughly with antibacterial wipes afterwards.
- After Mass, please stay in your place until directed and leave the church straight away, unless you have a specific task such as cleaning. I will go to the churchyard (weather permitting.) You are welcome to remain in the churchyard but PLEASE retain strict social distancing at all times and no waiting on or around the path after Mass.

Mass Times & Readings this week: 14th Week in Ordinary Time (Divine Office – Psalter Week 2)

MON: Restoration of the Shrine of Our Lady of Walsingham: 9.30 Mass
Hosea 2 v 16-18, 21-22; Matt 9 v 18-26. Intention: All pilgrims

TUE: 9.30 Mass
Hosea 8 v 4-7, 11-13; Matt 9 v 32-38. Int: Mission of the Church

WED: 9.30 Mass
Hosea 10 v 1-3, 7-8, 12; Matt 10 v 1-7. Int: all preparing for Ordination

THUR: 6.30 pm Mass
7.00 pm- 7.45 pm: Exposition of the Blessed Sacrament
7.45 pm: Night Prayer and Benediction
Hosea 11 v 1-4, 8-9; Matt 10 v 7-15. Int: Those who reject the Gospel

FRI: 9.30 Mass
Hosea 14 v 2-10; Matt 10 v 16-22. Int: Persecuted people

SAT: ST. BENEDICT, Patron of Europe. 9.30 Mass
Proverbs 2 v 1-9; Matt 19 v 27-29. Int: The people of Europe

Next Sun: 15th of YEAR A: 9.30: Parish Mass.
Is. 55 v 10-11; Romans 8 v 18-23; Matt 13 v 1-23.